



NORDBERG MOVEMENT

Björn Säfsten

I själva verket

An autobiographical popular scientific journey through dance

A popular scientific, autobiographical and arbitrary all knowing performance about something everybody does but no one knows what it is: dance!

Where do the movements in contemporary dance come from, how can they be interpreted and is there a right way to understand dance?

These are some of the questions the award-winning choreographer and dancer Björn Säfsten has been asked when meeting audiences and workshop participants. An attempt to answer these questions was to create a new piece - I Själv Verket

By: Björn Säfsten and Anja Arnquist
With: Björn Säfsten

Rehearsal Director: Anja Arnquist

Set design: Joakim Nyström

Light design: Anton Andersson

Sound design: Hans Appelqvist

Dramaturg: Gunilla Heilborn

Artistic expert in voguing: Fredrik Quiñones

Talking partner during the process: Chrysa Parkinson

Co-production: Säfsten Produktion and Riksteatern.

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Since 2015 Björn Säfsten activates various formats to present the work of other artists within his structure Säfsten Production. Säfsten Production is a platform for choreographic creation and experimentation. An intertwining of theory and practice, it manifests itself through artists joining forces in speculation and critical formation within the fields of choreography. It aims to be a platform for experimentation, risk-taking and continuous research, dealing with questions regarding politics, language and identity.

Säfsten Production wants to create new formats for presenting dance and through introducing artists to its local context contribute to the development of the contemporary dance scene in Stockholm. This is done through activating collaborations between organisation, activating new spaces for dance as well as presenting choreographic practices that is yet not present within the local context. All platform work is being done in close collaboration with the partners involved.

The operations of Säfsten Produktion is 2018 made possible with support by the Swedish Arts Council, Stockholms Stad and the Swedish Arts Grants Committee.

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